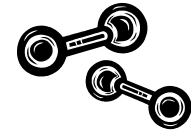
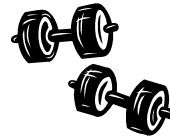


# “Everything else has been said so just do it.”

~ *Kevin M.*



**Experience:** Four years Personal Training

**Areas of Expertise:** Body Toning & Sculpting for Females  
Mass Gain with Traditional Strength Training  
Fundamental Training for Life

**Certification:** Can-Fit Pro Personal Trainer Specialist

**Training Characteristics:** Intensity  
Unique & Challenging Fat Loss Circuits

*“We all have our weaknesses, it’s whether you give in or not.”*

